The legalization of abortion in Nepal was important for reducing maternal morbidity; however, women continue to suffer from complications from unsafe abortion. We examined the abortion-seeking behaviors of 527 women presenting for post-abortion care in 2010. We assessed abortion law awareness, sources of information, reasons for choosing methods, and factors associated with abortion method and severity of complications. Two-thirds of women obtained information from friends or chemists, and 51% selected their abortion method due to proximity. Fewer than half knew that abortion was legal. Most women (58%) used oral medication, but <20% knew which medication they ingested. Oral medication was most common among women who did not tell their husbands or anyone else about the abortion, chose a method due to proximity, and were unaware that abortion was legal. Method of induction was not associated with complications.

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